

OT + Behaviour Therapy Working Together

The Classroom of Life: Across Disciplines

With Tanya R Curtis & Special Guest

FREE WEBINAR #3

If you're supporting a child (or teen) and you're thinking, "Is this behaviour... or is there a skills/sensory piece we're missing?", this webinar is for you—because everyday life is the real Classroom of Life, and skills build step-by-step (from 0cm to 30cm) across home, school, and community. In this practical session, Behaviour Support and Occupational Therapy come together to explain what OT actually does, how sensory processing can show up as "behaviour", and how progress really happens when we build foundations, solidify gains, and practise consistently across environments.

WHAT YOU'LL LEARN

- ✓ A clear, simple explanation of **what OT is** (therapy to support your occupation—everyday living)
- ✓ How **behaviour and OT overlap** (skills, regulation, participation, and daily functioning)
- ✓ Why progress is often **step-by-step**, not instant (and why that's normal)
- ✓ How **sensory processing** can sometimes be misread as "behaviour" (and what to look for)
- ✓ How to set **realistic expectations** for therapy (what happens in sessions vs what must happen at home/school)

WHO IS THE WEBINAR FOR?

- ✓ Parents and carers (especially if you're new to therapy supports)
- ✓ Educators and support staff
- ✓ Allied health and support workers
- ✓ Anyone supporting a child/teen/adult where behaviour and daily living skills are a challenge

SESSION TOPICS:

- ✓ **The “Classroom of Life”:** why your body is always learning in real-world moments
- ✓ **Body Life Skills + the 30cm Ruler:** understanding skill development from “0cm” to “30cm”
 - Why some people take 5cm steps, others need 1cm or 1mm steps
 - Why foundational steps matter (e.g., grip strength/dexterity before handwriting)
- ✓ **OT explained in plain language**
 - OT = therapy for your occupation (home, school, community, play, work)
 - Common OT referral areas (fine motor, handwriting foundations, social participation, sensory processing)
- ✓ **Sensory processing and behaviour**
 - Examples of how sensory needs can show up as aggression, impulsivity, throwing, absconding, or “non-compliance”
 - The difference between “won’t” and “can’t yet” (skills not yet developed)
- ✓ **How progress really happens**
 - The “build + solidify” approach (why people fall back—and how to reduce the drop)
 - The “therapy triangle” (therapy + caregivers + environment)
 - Why practice and everyday integration changes everything (therapy is not a quick fix)

TAKE-HOME PRACTICALS

You’ll leave with **simple, realistic next steps** you can start using straight away, including:

- How to identify the baseline skill level (and why acceptance matters)
- How to support skill-building at home without trying to “do therapy perfectly”
- How to create consistency across home/school so the skill can generalise

Presenters

Tanya Curtis

Behaviour Change Expert

Senior Behaviour Specialist and Founding Director of FABIC.

Pari

Senior Occupational Therapist

Provides creative, client-centred therapy supporting all ages with the skills, confidence and independence needed for everyday life.

EVENTS DETAILS:



Wednesday 14 October 2026



7:00–8:00pm (AEST)



Online



FREE - Registration Required

Scan the QR code to register



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