

10 Tips to Support People with an Autism Spectrum Disorder (ASD)

With Tanya R Curtis



FREE WEBINAR #2

Join Behaviour Change Expert Tanya Curtis (Senior Behaviour Specialist and FABIC Director) for a practical, strengths-based session filled with simple strategies you can use every day.

Although focused on Autism Spectrum Disorder (ASD), these practical tips can benefit anyone. Learn how understanding a person's experience of life can reduce anxiety, build skills, and create supportive environments where people can thrive.

What supports one, can often support the all.

What's on offer?

- ✓ **10 practical, strengths-based tips** you can apply immediately to improve day-to-day support and quality of life for a person with an Autism Spectrum Disorder (ASD).
- ✓ **Simple, real-world strategies** that, when applied effectively, can help reduce anxiety.
- ✓ **Clear tips** to build predictability and routine.
- ✓ **Learn to understand what behaviour may be communicating**, including sensory experiences of life.
- ✓ **Practical ways** to break tasks into manageable micro-steps.
- ✓ **Strategies** to support communication in the moment.
- ✓ **Approaches that can be just as useful for any person**, not only those with an Autism Spectrum Disorder.

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10 Tips to Support People with an Autism Spectrum Disorder (ASD)

Presented by Tanya R Curtis

Who is the webinar for?

- ✓ Any person supporting a person with an Autism Spectrum Disorder
- ✓ Any person wanting tips to support their own and/or others' behaviour change
- ✓ Parents, carers, and families
- ✓ Educators and support staff
- ✓ Allied health professionals
- ✓ Anyone supporting children, teens, or adults (home, school, workplace, community)

About Tanya Curtis

Behaviour Change Expert Tanya Curtis is a Senior Behaviour Specialist and Founding Director of FABIC. Since 2002, she has supported individuals and their formal and informal support teams to apply practical, evidence-informed behaviour change strategies with confidence. Autism Spectrum Disorder has been a major focus of her work, shaping her strengths-based approach to improving quality of life.



REGISTER:

 **Wednesday 2 September**

 **7:30–8:30pm (AEST)**

 **Online**

 **FREE Registration Required**

Scan the QR code
to register



OR REGISTER HERE