



A Webinar Series on

The Why of Parenting

A model of practical parenting & communication that reduces behaviour challenges & increases potential

ONLINE PROGRAM (1 hour x 5 weeks)

Presented by Tanya R Curtis
Behaviour Change Expert

(Supporting families since 2002)



About the course

This is a **5-week online course** to support parents and wider support teams to understand the *why* underneath behaviour, speak the **one same language**, and offer a more **settled environment** that can support everyone to live and reach their **full potential**.

Why this course?

- If you're feeling exhausted and thinking, "I don't know what to say in the moment, and I just want our home to feel calmer," you're not alone.
- Behaviour challenges are increasing and what's needed is a clear, consistent model that helps children, teenagers, and adults respond with skills (not just stress, shutdown, or emotional and behavioural meltdowns that impacts all).
- This course offers practical, step-by-step tools to move from reactive parenting to responsive parenting with supportive communication for all – an essential foundation for effective parenting.
- This model, when implemented effectively, can support to reduce behaviour challenges and instead increase skills, independence, and quality of life, thus increasing potential.

Program Times (AEST)

Weekly on Wednesdays

 12 Aug, 7:30-8:30pm

 19 Aug, 7:30-8:30pm

 26 Aug, 7:30-8:30pm

 02 Sep, 7:30-8:30pm

 09 Sep, 7:30-8:30pm

REGISTER HERE

Cost

\$220 (including GST)



DID YOU KNOW?

Every human being is amazing

LEARN MORE BELOW



WHAT YOU WILL LEARN

This course offers parents & support teams:

- Provide a life model that offers for their loved ones to respond to day-to-day challenges with increasing skill, responsibility, and responsivity
- Reduce conflict, aggression, and behaviour challenges by understanding the why underneath behaviour and responding early and accordingly
- Support seemingly big emotions while holding clear, consistent boundaries and supports as life lessons are presented and embraced
- Catch escalation early using warning signs and a simple pause plan
- Reset communication for when the current parenting approach is not working
- Help your child feel safe, understood, and guided (not judged), so connection stays intact even when behaviour requires correction
- Build an effective, implementable parenting model that supports everyone in the home to respond to life, grow and reach their full potential
- Create an ongoing pathway of increasing independence, capacity, and quality of life ... so over time your role becomes less about managing and more about guiding capable young people into responsive adults living a model that supports them to reach their potential



ABOUT THE PRESENTER



TANYA CURTIS

Senior Behaviour Specialist, Director/CEO, FABIC (Functional Assessment & Behaviour Interventions Clinic)

Tanya is known for delivering highly practical, easy-to-apply tools that families can use immediately in everyday life. When consistently implemented, many families report these strategies have enormously improved the quality of life for everyone in the home. Her work is grounded in a simple truth: every human being is amazing, and behaviour does not define the person. Tanya teaches families to understand the *why* behind all behaviour (knowing that behaviour is a form of communication; and that heightened behaviour is often preceded by anxiety) and to build shared language, clear standards, and real-world skills that support calmer homes, stronger relationships, and increasing independence over time.

Qualifications: Master of Behaviour Management; Master of Counselling; Bachelor of Health Science (Behaviour Management); Associate Diploma of Education

Register by scanning the QR Code here:

Contact our friendly FABIC team if you need any help registering.

Phone: 07 5530 5099 | Email: info@fobic.com.au | Website: www.fobic.com.au

