



Free webinar

Online Parenting Tips

WEDNESDAY 29TH JULY | 7.30PM - 8.30PM AEST



Presented by Tanya Curtis Behaviour Change Expert

(Supporting families since 2002)

Free Online Parenting Tips

Ever wish parenting came with a manual? It's one of the most important roles in the world and yet there are days where you can feel like you're not quite nailing it (especially when behaviour escalates). Join Tanya Curtis, Behaviour Change Expert, for a FREE 1-hour online Parenting Tips course packed with practical, realistic strategies you can use straight away to support clearer communication, stronger connection, more solid foundations and more confident parenting in everyday life.

If you're feeling stuck, exhausted, or unsure what to do next, you're not alone. This session is designed for parents, carers, and anyone supporting children or teenagers, with simple tools that when applied effectively support every-day-parenting.



What You'll Learn

In this session, Tanya will share practical tips you can integrate into daily life, including:

- Effective communication strategies that reduce conflict and increase cooperation
- How to support a person to build the foundations to feel safe (so behaviour can shift)
- A simple, repeatable 3-step approach to support lasting behaviour change
- How to respond to challenging moments with more confidence (even when you're tired)
- Small changes that make a big difference across everyday routines (mornings, homework, meals, bedtime)

EVENT DETAILS

DATE: Wednesday 29 July

TIME: 7:30pm–8:30pm (AEST)

WHERE: Online

COST: Free

(link provided after registration)

REGISTER HERE



DID YOU KNOW?

Every human being is amazing

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What You'll Walk Away With

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- How to support a person to build the foundations to feel safe (so behaviour can shift)
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Who Should Attend?

This session is for anyone who wants support with parenting and/or supporting people including those with behavioural challenges, including:

- Parents and carers of children and teenagers
- Families supporting young people to become young adults
- Educators, support workers, and allied health professionals
- Anyone wanting practical tools to support a person to embrace their life lessons
- No matter your situation, you are welcome.

What You'll Walk Away With

- Practical strategies and language you can use immediately
- A clearer understanding of what to do in the moment
- A simple framework you can return to again and again
- Greater confidence and calm in your next steps



About the Presenter

TANYA CURTIS

Senior Behaviour Specialist, Director/CEO, FABIC (Functional Assessment & Behaviour Interventions Clinic)

Tanya Curtis is Head of Clinical Team at FABIC Behaviour Specialist Centre and a Senior Behaviour Specialist, Counsellor, and Clinical Supervisor who has supported parents, families, and support teams with challenging behaviour for over two decades. Founder of FABIC (est. 2006), Tanya is known for practical strategies that support people connect to the "why" behind behaviour, strengthen communication, and build the foundations for lasting change across home, school, and community settings.

Qualifications: Master of Behaviour Management; Master of Counselling; Bachelor of Health Science (Behaviour Management); Associate Diploma of Education.



Register (FREE) by scanning the QR Code here:

Note: This is a general education session and does not replace individualised assessment or therapy.

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