

# MONTHLY TEACHER WORKSHOPS & COURSES

View and book all events  
online at [FABIC.events](https://www.fabic.events)

**At FABIC we understand the integral role that teachers play in supporting children and young adults to develop the skills to engage in life and thus – we are here to support you.**

FABIC Behaviour Education Services for teachers\* and school staff\* are offered throughout the school year either on-site at your school, through our training centre at Robina or online.

Behaviour Education Services at FABIC cover topics such as Mental Wellness for Teachers (10-week course), Body Life Skills Program for Teachers (8-week course), Understanding and Responding to Student Behaviour (1-day workshop), Classroom Management and Supporting Behaviour through Skills Building (10-week course), Graduate Teacher Mentoring, Coaching and Support Group, Monthly Teacher Workshops and One-on-one Support Sessions for Teachers.

We also offer support via a wide array of workshops and one-on-one sessions for Families and students outside school hours.

## LOCATIONS

### IN PERSON

HQ Building  
Suite 52, 1 Laver Drive  
Robina QLD 4226

### AT YOUR SCHOOL

### ONLINE

## TO BOOKING

Please scan the QR CODE  
or visit [www.fabic.events](https://www.fabic.events)



## CONTACT US

You can contact FABIC/FEL via:  
**07 5530 5099**  
[info@fabic.com.au](mailto:info@fabic.com.au)

## FURTHER DETAILS

A summary of all events can be viewed on the following pages. All event details are online where you can book and will receive further information once booking is completed.

# 2024 FABIC SCHOOL SUPPORT

## FABIC **TEACHER** WORKSHOPS & COURSES - CURRICULUM

DATE	TIME	TOPIC FOCUS	PRESENTER
<b>BEGINNING TEACHER SUPPORT PROGRAM</b>			
16 APR	5.30pm-6.30pm AEST	Session 1: Establishing classroom foundations	Kristy Wood
23 APR		Session 2: Supporting students to develop the language and skills to communicate social and emotional needs (behaviour scale)	
30 APR		Session 3: Setting standards	
07 MAY		Session 4: Creating a classroom atmosphere that embraces learning and working together	
14 MAY		Session 5: What to do when a child requires additional support	

<b>UNDERSTANDING AND RESPONDING TO STUDENT BEHAVIOUR WORKSHOP</b>			
16 MAR	9am-3pm	This program is to support teachers in learning how to observe students behaviours, recognise when our own reactions and anxieties are triggered and learn how to de-escalate ourselves to be able to feel more settled and equipped to respond to the student.	Kristy Wood
Session 1: 9:10am to 10am		Introducing the Behaviour Scale as a tool to recognise how we are feeling as teachers. Exploring different scenarios that may occur in the classroom and identifying where we might be on the behaviour scale and how this might influence how we respond.	
Session 2: 10am- 10:45am		Exploring the 'I Choose' chart - In this sessions we will Look at a 'challenging' situation that may occur in day and then work together to complete an 'I Choose' chart exploring ways we can respond in a way that supports us.	
10:45-11:15am		BREAK	
Session 3: 11:15- 12pm		Building observational skills and learning to ask 'I wonder why?' Going deeper with understanding what might be the reason for a child's behaviours and then identifying what can support them to feel more settled.	
Session 4 12pm-12:45pm		Teacher Self Care - In this session we will explore how our body is a great tool in the classroom and developing teacher self-care can help us to feel settled as we enter into an environment where we can experience a lot in a day.	
12:45pm-1:20pm		LUNCH	
Session 5: 1:20pm		Practical tools for the classroom. Bringing it all together and looking at tools we can use in the classroom to support ourselves and our students.	

<b>IMPLEMENTING THE BODY LIFE SKILLS PROGRAM IN THE CLASSROOM</b>			
18 APR	5.30pm-6.30pm AEST	Implementing the Body Life Skills Program as a social and emotional development skills building tool in the classroom	Kristy Wood
FURTHER DATES:		APR 25 / MAY 2, 9, 16, 23, 30 / JUNE 6, 13, 20	

<b>Remote Teacher Preparation Course</b>			
07 DEC	9am-3pm AEST	Teaching is a people-based career that requires constant interactivity with others. It is a job that requires a deep level of care for oneself so that you can respond to the different situations that present in a day and not take them on or carry them. Teaching in a remote community comes with many amazing experiences and some different challenges, this workshop will support you with preparing to undertake a remote teaching position.	Kristy Wood

# MONTHLY TEACHER PRESENTATIONS

## TERM 2 – CURRICULUM – 5.30 TO 7.00PM

DATE	WEEK	TOPIC FOCUS	PRESENTER
17 APR	1	<b>Supporting yourself to support high needs students.</b> In this session we will look at the anxiety scale and how utilising this can support you to recognise how to feel in different situations instead of overriding what we need. This is a practical sessions with tools that you can implement when you are experiencing anxiety or an intensity from the demands of the day.	Kristy Wood
24 APR	5	<b>Teacher Anxiety and Exhaustion.</b> In this presentation we will explore what it is that can drain us as a teacher and simple tools you can apply to support yourself in this role.	Kristy Wood
01 MAY	10	<b>Perfectionism: A hidden epidemic impacting our quality of life.</b> Many teachers can at times experience an internal pressure to 'perform'. In this session we will look at what drives this and how we can support ourselves to learn to let go of the pressure of perfectionism.	Tanya Curtis

## TERM 3 – CURRICULUM– 5.30 TO 7.00PM

DATE	WEEK	TOPIC FOCUS	PRESENTER
17 JUL	2	<b>Supporting Children's Oral Language and Communication Skills.</b> In This session we will explore the increase in children presenting with speech issues. Our Speech therapist will share practical strategies that you can apply in the classroom to assist with developing students expression and communication skills.	Kate Maroney
21 AUG	7	<b>The Way I Treat Me = The Way I Allow Others to Treat Me.</b> In this session we will explore what forms the foundations of our interactions and how we can establish and set standards in interactions and relationships both in and out of the classroom.	Emily Rutherford
18 SEP	(Holiday) 1	<b>Recognise our own triggers in the classroom as teachers.</b> This session will explore how we can recognise our own triggers and learn to de-escalate ourselves before responding to situations presenting in front of us.	Kristy Wood

## TERM 4 – CURRICULUM – 5.30 TO 7.00PM

DATE	WEEK	TOPIC FOCUS	PRESENTER
16 OCT	3	<b>Understanding Stress in your body</b> – 'Stress affects people in different ways. Learning how to identify stress can support in targeting the necessary skill building to support yourself to deal with daily stress that can lead to burn-out'.	Emily Rutherford and Joss Ferguson
20 NOV	8	<b>Behaviour is not WHO you are- it is WHAT you do!</b> Understanding types of behaviour change for students and looking at what is effective in long term behaviour change.	Tanya Curtis
04 DEC	10	<b>Teacher Appreciation Dinner</b> – We invite you to come and be celebrated! At FABIC we understand and appreciate the integral role that teachers play in supporting children and families. We invite you to an end of year teacher celebration dinner.	Everyone

# THE PRESENTERS



## KRISTY

*Behaviour Educator & Clinician, Presenter*

Kristy loves supporting people to recognise their strengths and use these as a foundation for building skills through the Body Life Skills Program to engage in life and enjoy what they can bring to others. Kristy has been working as a teacher in primary schools across Australia since 2001, both as a classroom teacher and supporting with students' wellbeing and behaviours in and out of the classroom. She has led school teams in behaviour change and implemented programs that have absolutely transformed behavioural issues and standards in schools.



## TANYA R CURTIS

*Director at FABIC and FEL, Senior Behaviour Specialist and Counsellor, Supervisor, Presenter, Author, Course Facilitator, Product Developer*

Tanya has been working as a behaviour specialist and counsellor since 2002 and founded FABIC (Functional Assessment & Behaviour Interventions Clinic) in 2006. Many describe Tanya's work to be completely life changing. She supports people of all ages and offers support to anyone using any behaviour they would prefer not to be using, and equally to those supporting behaviour change in others ... and that is all of us!



## KATHRYN

*Senior Speech Pathologist, Presenter*

Kathryn offers services across most areas in the Speech Pathology scope of practice, including speech clarity, language, auditory processing, stuttering, literacy, disability, social skills, problem-solving, augmentative and alternative communication and more. Cutting straight to the core of what is impacting a person's ability to communicate, Kathryn will develop a thorough and highly personalised intervention to address the presenting difficulties and ensure every angle is covered, to give the person and their team every opportunity to maximise their service with her.



## EMILY

*Provisional Psychologist, Positive Behaviour Support Practitioner and Counsellor, Presenter*

Emily is a provisionally registered psychologist offering a behaviour focused approach. Emily applies Functional Behaviour Assessment and evidence-based practice to support people with lasting behaviour change. She can also support clients by conducting psychological assessments to assist them in understanding their strengths and weaknesses further to support them to maximise their potential.



## JOSS

*Provisional Psychologist and Positive Behaviour Support Practitioner, Presenter*

Joss is a registered provisional psychologist who takes a client-centred approach to behavioural change. Utilising an array of evidence based interventions and psychometric, as well as FABIC's Functional Behavioural Assessment Model, Joss ensures that clients have the opportunity to experience positive treatment outcomes by building consistency in how they respond to life's events. The Body Life Skills program correlates with Joss' own lived experience and philosophy, that any- and everyone is capable of experiencing lasting behavioural change.