

ON FABIC.TV – STUDY AND REVIEW

BUILDING SKILLS TO SUPPORT LASTING BEHAVIOUR CHANGE

EPISODE	TITLE	TIME (HH:MM)	DATE: VIEWED	DATE: WRITTEN REVIEW COMPLETED	DATE: 10 MULTI CHOICE QUESTIONS COMPLETED	DATE: GROUP SUPERVISION ATTENDED	DATE : ASSESSMENT COMPLETED	NAME OF SUPERVISOR
E01	Introduction to Building Skills to Support Lasting Behaviour Change	1:15						
E02	Types of Behaviour Change Interventions	1:50						
E03	Preparing Yourself to Support Behaviour Change in Others	1:08						
E04	Get the Facts before I React	0:19						
E05	Acknowledge and Heal vs Ignore and Bury	0:36						
E06	Can I Change this Life Situation?	0:25						
E07	Fabic Behaviour Rating Scale	0:54						
E08	Token Economy	1:49						
E09	Visual Schedules to Support with Focus, Organisation, Commitment to Life and Embracing the Classroom of Life	1:30						
E10	Social, Relationship & Interactional Skills	1:11						
E11	Integrating Skills into Our Everyday Life	0:22						
TOTAL VIEWING TIME		11:19	DATE ALL ASSESSMENTS COMPLETED					
TOTAL GROUP SUPERVISION		11h	SIGNED BY FEL SUPERVISOR					
			SIGNED BY FABIC DIRECTOR					

FABIC FOUNDATIONS 101

TITLE	TIME (HH:MM)	DATE: VIEWED	DATE: WRITTEN REVIEW COMPLETED	DATE: 10 MULTI CHOICE QUESTIONS COMPLETED	DATE: GROUP SUPERVISION ATTENDED	DATE : ASSESSMENT COMPLETED	NAME OF SUPERVISOR
The Harming Cycle of Seeking Feedback	0:40						
Perfectionism – A Hidden Epidemic Impacting Our Quality of Life	1:19						
TOTAL VIEWING TIME		1:59	DATE ALL ASSESSMENTS COMPLETED				
TOTAL GROUP SUPERVISION		2h	SIGNED BY FEL SUPERVISOR				
			SIGNED BY FABIC DIRECTOR				

FABIC PRODUCTS – STUDY AND REVIEW

PRODUCT	TITLE	DATE: RE-VIEWED	DATE: WRITTEN REVIEW COMPLETED	DATE: 10 MULTI CHOICE QUESTIONS COMPLETED	DATE: GROUP SUPERVISION ATTENDED	DATE : ASSESSMENT COMPLETED	NAME OF SUPERVISOR
01	Body Life Skills Book 3 – Practical Skills for Lasting Behaviour Change						
TOTAL GROUP SUPERVISION		1h		DATE ALL ASSESSMENTS COMPLETED			
				SIGNED BY FEL SUPERVISOR			
				SIGNED BY FABIC DIRECTOR			

INDIVIDUAL SUPERVISION

PRODUCT	TITLE	DATE OF INDIVIDUAL SUPERVISION	NAME OF SUPERVISOR				
01	Behaviour Rating Scale Review						
02	Token Economy Review						
03	Visual Schedules						
TOTAL INDIVIDUAL SUPERVISION		3h		DATE ALL ASSESSMENTS COMPLETED			
				SIGNED BY FEL SUPERVISOR			
				SIGNED BY FABIC DIRECTOR			