

ON FABIC.TV – STUDY AND REVIEW

BODY LIFE SKILLS

EPISODE	TITLE	TIME (HH:MM)	DATE: VIEWED	DATE: WRITTEN REVIEW COMPLETED	DATE: 10 MULTI CHOICE QUESTIONS COMPLETED	DATE: GROUP SUPERVISION ATTENDED	DATE : ASSESSMENT COMPLETED	NAME OF SUPERVISOR
E01	Introducing the Body Life Skills Program	1:36						
E02	Control vs Self-Mastery – A Key to Lasting Behaviour Change	1:32						
E03	Sequence of Behaviour – Functional Behaviour Assessment at a Glance	1:16						
E04	Building Foundations to Support Lasting Behaviour Change	1:28						
E05	Guiding Principles to Support Understanding & Lasting Behaviour Change	1:15						
E06	Step 1, BODY – Behaviour Is a Form of Communication	1:37						
E07	Step 2, LIFE – Identifying Life Triggers	1:41						
E08	Step 3, SKILLS – Developing Skills to Support Lasting Behaviour Change	2:00						
E09	Behaviour Scale Developing Skills to Support Lasting Behaviour Change	1:23						
E10	I Choose Chart – How to Develop and Use the Fabic I Choose Chart	0:55						
E11	Practically Using the Body Life Skills Program in Everyday Life	1:26						
TOTAL VIEWING TIME		16:09	DATE ALL ASSESSMENTS COMPLETED					
TOTAL GROUP SUPERVISION		11h	SIGNED BY FEL SUPERVISOR					
			SIGNED BY FABIC DIRECTOR					

FABIC FOUNDATIONS 101

TITLE	TIME (HH:MM)	DATE: VIEWED	DATE: WRITTEN REVIEW COMPLETED	DATE: 10 MULTI CHOICE QUESTIONS COMPLETED	DATE: GROUP SUPERVISION ATTENDED	DATE : ASSESSMENT COMPLETED	NAME OF SUPERVISOR
An Introduction to Understanding and Changing Behaviour	0:49						
TOTAL VIEWING TIME		0:49	DATE ALL ASSESSMENTS COMPLETED				
TOTAL GROUP SUPERVISION		1h	SIGNED BY FEL SUPERVISOR				
			SIGNED BY FABIC DIRECTOR				

ON FABIC.STUDY – STUDY AND REVIEW**SHORT COURSE - AN INTRODUCTION TO THE BODY LIFE SKILLS PROGRAM**

01 | An Introduction to the Body Life Skills Program = Multimedia and Exam /// Supply Certificate of Completion

DATE CERTIFICATE
SUPPLIEDSIGNED BY FEL
SUPERVISORSIGNED BY
FABIC DIRECTOR**FABIC PRODUCTS – STUDY AND REVIEW**

PRODUCT	TITLE	DATE: RE- VIEWED	DATE: WRITTEN REVIEW COMPLETED	DATE: 10 MULTI CHOICE QUESTIONS COMPLETED	DATE: GROUP SUPER- VISION ATTENDED	DATE : ASSESSMENT COMPLETED	NAME OF SUPERVISOR
01	Body Life Skills Book 1 – Introducing The Body Life Skills Program						
02	FABIC Poster Collection						
03	I Choose Chart Collection						

TOTAL GROUP SUPERVISION

3h

DATE ALL
ASSESSMENTS
COMPLETEDSIGNED BY FEL
SUPERVISORSIGNED BY
FABIC DIRECTOR**INDIVIDUAL SUPERVISION**

PRODUCT	TITLE	DATE OF INDIVIDUAL SUPERVISION	NAME OF SUPERVISOR
01	Poster Collection Review		
02	I Choose Chart Collection Review		
03	Behaviour Scale Application		
04	I Choose Chart Application		
05	Body Life Skills Book 1 Review		

TOTAL INDIVIDUAL SUPERVISION

5h

DATE ALL
ASSESSMENTS
COMPLETEDSIGNED BY FEL
SUPERVISORSIGNED BY
FABIC DIRECTOR